



Hankuk University of Foreign Studies

2018 Summer Session

PSY 101 Introduction to Psychology

Course Outline

Course Code: PSY 101

Instructor: TBA

Home Institution: TBA

Office Hours: by appointment

Email: TBA

Credit: 4

Class Hours: 14:00-16:00 Mon. to Fri.

This course will have 72 class hours, including 40 lecture hours, professor 10 office hours, 10-hour TA discussion sessions, 2-hour review sessions, 10-hour extra classes.

Course Description:

Since most of you have spent a number of years honing your academic prowess in high school and, for some, in college, it should go without saying that I am expecting a scholarly approach and inquisitiveness toward psychology from each of you. This course will provide you with many of the principles and tools needed for subsequent success in other collegiate courses and in your own life.

Psychology 101 is the study of human behavior/cognition in an effort to develop awareness and an understanding of one's own behavior and the behavior of others. The course will emphasize the application of behavioral principles to your life, so that you can better understand and interact in today's as well as tomorrow's world.

Required Texts:

Hockenbury, S. E., Nolan S. A., & Hockenbury, D. H. *Discovering psychology*. (7th ed.). New York: Worth Publishers.

Course Philosophy:



You and the other students are an important factor in this course, probably more than you currently realize. You can learn a great deal from each other and this course will provide you the opportunity and encouragement to do so. In fact, you and your classmates will do much of the teaching/learning yourselves. As your instructor, I will act more like a coach of an academic team than a traditional teacher. Consequently, you will become (if you aren't one already) an independent learner and begin your progress toward becoming a critical thinker and college graduate. Accordingly, I have several expectations that you must meet:

- a. You will come to class having read the material and ready to participate.
- b. You will complete the definitions to each of the classroom slides that have concepts typed on them prior to class.
- c. When asked a question in class, make an effort to answer it. Everyone should have read the material and should have at least a slight idea about how to answer the question; besides, a wrong answer can often help clarify another student's misunderstanding of the concept.

As I mentioned earlier, as leader of this academic team, I will also come to class highly prepared and eager to assist your learning. I will provide you with real-life examples and experiences and expect the same from each of you. I will clarify any and all concepts that may be confusing. I will help you both in and outside of the class, when needed. I want you to succeed and I am certain that you will. However, do not expect me to teach the test, because I won't! Since you are now in college, you will be expected to rise to even a higher level of personal commitment to your learning. I want you to learn, not simply regurgitate memorized terms, and that requires a focused effort on your part. Class will be both informative and fun. Yes, fun! I will ask a lot of questions and I hope you will do the same. This course will be a great experience in learning, I guarantee it!!

Helpful Hints to Learning

- a. Read the material before coming to class, answer all questions at the end of each chapter and provide definitions to each concept on the class slides.
- b. Make notes about confusing concepts/material, as well as personal experiences to discuss in class.
- c. Protect **your sleep!** Sleep is essential for success. All-nighters seldom help, they generally hinder academic performance.
- d. Do not fall prey to the idea that you cannot and will not study on weekends. A few hours of study on weekends, yes, weekends, makes study during the week so much easier.
- e. Attend Class. Not a problem given university policy.
- f. I really am here to help. We are a team and I want my team to be the best!

Course Policies

Email - Please check your email every evening. All correspondence with the class outside of normal hours will be through email.

Unrestricted Joint Effort - For any assignment presented in this course, excluding in-class examinations, you may work with anyone and use any outside sources. However, the final product must reflect your own work and ideas. Any exceptions must be duly noted through proper documentation techniques.



Cell Phones, Electronic Recording Devices, and Computers - All cell phones are to be turned off. Should a phone ring in class, I will be more than happy to answer that phone and talk to the caller. Anticipated emergency phone calls can be pre-arranged with the instructor, but the call must be answered outside of the classroom. Electronic recording devices for recording lectures must be pre-approved by the instructor. Computers for note taking only are permissible as a reasonable accommodation at instructor’s discretion.

Respect - Please be respectful of your peers’ thoughts and opinions. While active discussions are encouraged, part of the course objective is to learn that people have different beliefs and perspectives. You are responsible for keeping your instructor updated on any information pertaining to you regarding this course. Check your email regularly for instructions.

Academic Honesty – I expect nothing less

Course Process and Assignments

I believe the best way to understand psychology is through discussion and hands-on experience. Consequently, I have incorporated several in-class exercises that will require teams to accomplish the assigned task within the time limits given. Furthermore, get your acting skills polished, because I will require students to role-play throughout the semester. You will have four examinations during the semester.

Course Grading

Classroom Attendance & Participation (CAP) Points (150 points) - CAP points account for 15% of a student’s grade in the course. These points are awarded at the end of the semester based on how well and how often a student participates in the class or provides items of interest to the instructor that can assist in another student’s learning. These points may also come from pop quizzes or unlisted outside assignments. Active oral participation is essential to do well in this portion of the grading. Should students fail to participate in class, they can expect to receive no better than **65 of 100 points**. You can also expect to be downgraded in this area for more than **two absences**. Two absences or less will result in a 50 out of 50 points for attendance. Attendance is recorded daily and the student is awarded a daily score from (0-Slept in class/did not attend, 1-Failed to participate/refused to answer question when called upon or late to class, 2-participated when called upon, 3-active, voluntary participation). The participation portion of the grade will be calculated using an instructor-derived formula based on your daily score total.

Examinations (500 points total) - Three examinations occur during the semester with the following weights:

Exam 1	20%	Exam 2	20%	Exam 3	20%
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Examinations will be closed book consisting of multiple-choice questions. Examinations will occur during normal class time. Students with conflicts must take the make-up examination as arranged with the instructor. Failure to do so will result in a zero for that examination.

Course Final (250 points):



The course final will be comprised of 86 multiple choice questions. Sections 1-3 will consist of 15 questions each (2 points per question) and Section 4 (not previously tested) will consist of 41 questions (worth 4 points a piece). As a reward for individuals who actually read this syllabus, you will be allowed to prepare **one 5 x 8 notecard (front and back)** for use during the final or **one side of a single sheet of 8.5" x 11"** piece of paper. Prior to the start of the final, the note card or one-sided piece of paper must be initialed by your instructor. I will make no mention of this notecard, unless a student brings it up or, as sometimes happens, I forget. Therefore, please use your discretion when discussing this opportunity with me.

Course Grading Summary	Points	%	Score	Cumulative Total
Class Attendance and Participation (CAP)	150	15	_____	_____
Exam 1	200	20	_____	_____
Exam 2	200	20	_____	_____
Exam 3	200	20	_____	_____
Final	250	25	_____	_____
Total	1000	100	_____	_____

THE MEANING OF GRADES IN PSYCHOLOGY 101

Since scores on examinations reflect the student's ability, instructor's grading tendencies, and the difficulty of the test, a rigid contract grade schedule for this course would be inappropriate. However, this course will guarantee that these percentages will result in at least these letter grades. For example:

A	94-100	B+	88 – 89.99	C+	78 – 81.99	D	67 – 71.99
A-	90-93.99	B	85 – 87.99	C	75 – 77.99	D	64 – 66.99
B-	82 – 84.99	C-	72 – 74.99	F	Below 64		

PSYC 101 Schedule, Summer 2017

Date	Lesson Topic	Pages	Due Items
July	Section 1 (Week 1)		
16	Course Introduction	Syllabus	
16	History of Psychology/Research Methods	1-39	
16	Research Methods/Statistics	A1-A14	
17	Brain/Endocrine System	40-83	
18	Visual Perception/The Other Senses	84-131	
18	The Functional Body	40-131	
19	Sleep & Dreams & Controlling Consciousness	132-179	
20	Exam 1-TA Discussion	1-179, A1-A14	Exam #1 (15%)



Section 2 (Week 2)			
July			
23	Exam 1 Review - Classical Conditioning	180-196	
23	Operant	196-214	
24	Operant Conditioning and Social Learning	214-225	
24	Memory Storage and Retrieval /Forgetting	226-269	
25	Problem-Solving and Decision-Making	270-284	
25	Language & Intelligence	284-311	
26	Motivation and Emotion	312-355	
27	TA Discussion	180-355	Exam #2 (20%)
Section 3 (Week 4)			
30	Exam 2		
30	Cognitive Development	356-386	
31	Cognitive Development	356-386	
August			
1	Adolescence-Moral Development	386-395	
1	Adult-Emotional, and Social Development	396-411	
2	Personality-Psychoanalytic	412-428	
2	Personality: Humanistic & Traits	428-451	
3	TA Discussion		
Section 4 (Week 4)			
6	Exam 3	356-451	Exam #3 (15%)
6	Review Exam 3		
7	Social Influence I (Attitudes and Prejudice)	453-471	
8	Social Influence II (Conformity and Obedience)	471-495	
9	Stress and Coping (Health) & (Performance)	496-514, 514-531	
10	Psychological Disorders	532-583	
11	TA-Discussion		
(Week 5)			
13	Psychoanalysis & Client-Centered Therapies	584-599	
14	Behavior, Cognitive, and Group Therapies	599-629	
15	Psychoanalysis & Client-Centered Therapies	584-599	
15	Behavior, Cognitive, and Group Therapies	599-629	
16	TA-Discussion-Final		
17	Final	Everything	Final (30%)